

# COACHING CONVERSATIONS

## DURATION

In Person	4.5 hours
LiveOnline	4.5 hours

## CERTIFICATION

The ICAgile Coaching Essentials Micro-Credential is granted on the successful completion of this course.



## PDU's

This course will contribute 4 PMI® Professional Development Units (PDUs) towards your chosen certification (4 Power Skills).



## INTENDED FOR

- Leaders and team members wanting to add coaching techniques to their toolkit.
- Anyone looking to build coaching skills but not yet ready for a longer learning journey.

## PREREQUISITES

There are no prerequisites for the Coaching Conversations class.

## ARE YOU LOOKING TO GROW YOUR FOUNDATIONAL SKILLS IN COACHING?

Coaching is a critical skill for leaders at all levels and enables you to unlock potential, build stronger relationships, and lead with empathy and impact.

Coaching Conversations is a short micro course focused on giving you practical and hands-on power skills in relation to coaching. Through interactive exercises and real-world scenarios, you'll learn how to conduct meaningful coaching conversations that inspire change and deliver results with skills you can apply immediately.

## LEARNING OUTCOMES

During this course, you will learn about:

- Professional coaching and how it differs from leadership, mentoring, and consulting
- Key professional coaching skills including presence, active listening and powerful questioning and how to apply them in coaching conversations
- How to structure and lead effective coaching conversations that inspire action and accountability

*Lecturing is kept to the minimum necessary, and most of the learning is achieved by applying the practices and techniques in group exercises. Our LiveOnline delivery features an instructor who is 100% live, and interaction and learning objectives are the same as our in-person classes, with the added benefit of taking this course from your home or office. Since this class is delivered over half-days, it allows for greater flexibility and time for other work or activities.*