

CHANGE MANAGEMENT

DURATION

In Person 4.5 hours

LiveOnline 4.5 hours

CERTIFICATION

The ICAgile Change Management Micro-Credential is granted on the successful completion of this course.



PDU's

This course will contribute 4 PMI® Professional Development Units (PDUs) towards your chosen certification (4 Power Skills).



PREREQUISITES

There are no prerequisites for the Change Management class.

INTENDED FOR

- Individuals wanting to grow their skills in working through organizational change.
- Professionals in leadership roles who want to expand their skills in responding to change in a human-centric way.
- Anyone looking to develop resilience and adaptability in today's rapidly changing workplace.

Lecturing is kept to the minimum necessary, and most of the learning is achieved by applying the practices and techniques in group exercises. Our LiveOnline delivery features an instructor who is 100% live, and interaction and learning objectives are the same as our in-person classes, with the added benefit of taking this course from your home or office. Since this class is delivered over half-days, it allows for greater flexibility and time for other work or activities.

ARE YOU LOOKING TO DEVELOP RESILIENCE IN TODAY'S RAPIDLY CHANGING ENVIRONMENT?

Change is perpetual, pervasive, and exponential in today's workplace. Developing the skills to not just cope with change but thrive through it is essential for professional success and personal well-being.

Change Management is a practical half-day course focused on giving you the mindset and tools needed to navigate complexity, manage the emotional impacts of change, and reframe challenges as opportunities. Through interactive exercises and real-world scenarios, you'll learn how to approach change with confidence and resilience.

LEARNING OUTCOMES

During this course, you will learn about:

- The reality of today's RUPT (Rapid, Unpredictable, Paradoxical, Tangled) environment and how it impacts your work
- Using frameworks to make sense of complexity and choose appropriate response strategies
- Understanding the emotional and psychological impacts of change and how to navigate them effectively
- Applying models like ADKAR® to support yourself and others through change processes
- Techniques for cognitive reframing to see change as an opportunity rather than a threat
- Practical strategies for taking action within your circle of influence